Week 1 Education
Week 2 Digestion
Week 3 Heavy metals
Week 4 Liver

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Information call 7:00	1	2	3	4
5 Start	6	7 Welcome call 7	8	9	10	11
12	13	14	15 Dinner Cam 6pm	16	17 New moon	18
19	20	21 Zoom call 7	22	23	24	25
26	27	28	29 Dinner Cam 6pm	30		

THE Fresh Start SPRING RESET

Detox, Nourish and Restore

Week 5 liver detox
Week 6 rest week
Week 7 parasite cleanse
Week 8 parasite cont..

MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY		FRIDAY	SATURDAY
					1	2
3	4	5 Zoom call 7	6	7	8	9
10	11	12	13	14	15	16 New moon
17	18	19 Zoom call 7	20 Dinner Cam 6pm	21	22	23
24	25	26	27	28	29	30
31						

THE Fresh Start SPRING RESET

Detox, Nourish and Restore

Week 9 parasite cont
Week 10 rest week
Week 11 round 2 parasite detox
Week 12 parasite cont..

JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10 Dinner Cam 6pm	11	12	13
14	15 New moon	16 Zoom call 7	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Week 13 parasite cont
Week 14 rest week
Week 15 round 3 parasite detox
Week 16 parasite cont..
week 17 parasite cont .....reset finishes

JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Dinner Cam 6pm	2	3	4
5	6	7	8	9	10	11
12	13	14 New moon Zoom call 7	15	16	17	18
19	20	21	22	23	24	25
26	27	28 Zoom call 7	29	30	31	You made it